

FLETCHER MEMORIAL BAPTIST CHURCH

60 Days in the Psalms

1-3	4-6	7-9	10-13	14-17
18	19-21	22-24	25-27	28-31
32-34	35-36	37	38-39	40-42
43-45	46-48	49-50	51-54	55-56
57-59	60-63	64-66	67-68	69
70-71	72-73	74-75	76-77	78
79-80	81-83	84-86	87-88	89
90-92	93-95	96-97	98-101	102-103
104	105	106	107	108-109
110-113	114-116	117-118	119: 1-48	119: 49-88
119: 89-136	119: 137-176	120-124	125-130	131-135
136-138	139-140	141-143	144-146	147-150

Read 3-4 Psalms Daily

The goal is to read through all 150 Psalms in a period of 60 days. Some Psalms are longer and will take a day by themselves, some are shorter allowing 3-5 to be grouped together.

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Identify Different Themes that Connect to Human Experience and God's Character:

The Psalms are filled with themes that resonate w/ our real human experience and that elevate the gracious and sovereign character of God. While your experience won't be identical, we think you will find all our experiences at their core are very common.

Let the Psalmist speak to your experience, speak exhortations to your soul and speak to you about the goodness & graciousness of God. Here are a few categories for you to look for, but be open to even more:

Worship, Justice/ Righteousness, Peace, Refuge/Comfort; Hardship/Suffering, Isolation, Betrayal, Injustice/Oppression, Evil/The Wicked . . .

Reflect on These Questions

1. What are some of the themes you found in the Psalms you just read?
2. How does the Psalmist process and/or respond? How does the Psalmist connect to God or connect back to God in these Psalms?
3. What from your reading can you identify with in your own experience or emotions?
4. From the readings: How can you connect what is going on in and around you back to God?

Prayer Response

Spend a few minutes praying based on what you just read and reflected on above.

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